

# The Spoke 'n Word Newsletter

June 2008

Vol. 8 Issue 29

## Greetings MWBC!

As the Spring and Summer months often do, time is flying by with every weekend booked through September! I hope you take the time to enjoy the summer months getting in some great rides, visiting with friends & relatives and enjoying our wonderful State this season.

We had a great turnout of volunteers for the Brunswick Bike Rodeo and the Bath Community Safety Day event. We were able to give out and correctly fit bicycle helmets to lots of children (and some adults too) in the greater Bath Brunswick area. Thank you to Charlie & Elly Cary, Rick Smith, Dennis & Nancy Lemieux, Holly Reid, Louise Rideout, Bob Bruce, Tom Legare, Joan Gray, Margaret Morrison & Derek, Sharon & Jenny Wilbraham. Your efforts are what helped to make these events a success!

The weekly rides have been growing in numbers and it's nice to see more people and new members taking advantage of our club. Please check out the club's web-site for upcoming rides and events (as well as the "Coming Up" section of the newsletter) for more information.

With the increasing number in rider attendance, I'd like to remind people about the importance of safety. When you're riding with the group you are not only representing our club you are representing all cyclists in general. That being said please remember that we must obey the rules of the road, just as the motorists do. If a motorist does not yield, obey the law or is rude, we don't need to respond in the same way. I see ignorance as a teaching opportunity. We are role models of the road. That being said, remember to ride single file, especially in traffic. We should be riding single file at all times but it's easy to drift out and enjoy in conversation with your fellow cyclists. When you hear someone yell "car back" be respectful and move over as soon as possible. Communicate with each other, if your stopping or slowing say it in addition to using hand signals. When you come up behind someone say "on your wheel". When turning use hand signals, let people know where you're going. As cyclists it's our responsibility to be good role models to other cyclists, motorists and the community. Please do your part and cycle smart.

Lastly, our web-site can be used as a tool to get information as well as share information. There are maps and cue sheets as well as the ride schedule for your convenience. Have you checked out "The Blog" recently? Feel free to submit your story of a ride or other cycling related event. You can also post pictures if you'd like just send your submissions to Rick at rickvickdani@suscom-maine.net and he'll happily post them for you.

Have a great summer and see you on the road.

*Jennifer, Pres.*

## CLUB INFO

**President: Jennifer Berube**, 798-9916 (Cell), 373-3050(W), email: myasertscycler@yahoo.com

**V. President: Rick Smith**, 666-8300, email rickvickdani@suscom-maine.net

**Sec/Treasurer: Bob Bruce**, 882-7206 (h) email: bobbiker@gwi.net

[www.merrymeetingwheelers.org](http://www.merrymeetingwheelers.org)

## Coming Up!

### Weekly rides From the Gazebo in Brunswick:

Monday Women's ride 6:00

Wednesday general club ride 6:00

Saturday Ride 9:00

### Mark Wheeler's Ride:

Saturday's from the Taste of Maine 7:45

### BBC / Center Street Cycles:

Saturdays 8:00

Tuesdays 6:00

**6/13, 14 & 15**

**American Lung Associations Trek Across Maine**

**6/22 Annual Pemaquid Ride and club picnic**

(see club website for details)

**7/5 Bike ride & picnic hosted by Charlie & Elly Cary**

2 ride options leave at 3 pm

(10-15 miles & 25 miles)

Cookout starts around 5pm (or after the ride)

Burgers & Dogs provided.

BYOB and a dish to share

Please RSVP to Charlie & Elly 725-4048 or

elly@suscom-maine.net

### **Impromptu club meeting**

Monday 6/30/08

7:00 Little Dog Coffee Shop

**Meetings are held at the Midcoast Presbyterian Church, 84 Maine St., Topsham**

*Club Meetings are the last Monday of the month with the exceptions for Holidays & during summer months.*

## The Skowhegan Ride

This summer's week long ride will be a little different. For one thing, it will be in August instead of July. It will be from Wednesday to Tuesday. The other rides have been during one week period. This will allow more options for people that do not have enough vacation to do the whole week. One can come for Wednesday through Sunday. They can come for just the weekend or from Friday to Tuesday. Some can even come for all week.



We will be at Two Rivers Campground. We have been there before. It is a great campground with swimming and kayaking in the river and swimming in the pool. The campground is on Rt 2 about 2 miles out on the way to Canaan.

The area has several great restaurants in the area. I plan morning rides to three of them for breakfast. The rides will be in the 35 miles range. There will be other rides so that you can ride every day that you are there. There will be one challenging ride to Bingham on Rt 201 and out Rt 16 into Mayfield. We will return via Rt 151 to Athens and Ridge Road back into the campground. The rides will touch almost all of the local areas by day and leave us to see the Skowhegan Fair at night. It will be running all the time we are there with shows and exhibits for everyone to enjoy.

What are the drawing points? It is a great area to ride in. We can do destination rides instead of just peddling around the country. Gifford Ice Cream has a place on Rt 201 in town. What better destination could there be than ice cream.

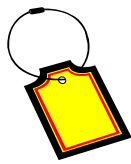
We will have meals in camp and meals in town at restaurants to mix the menu up some. Eating in camp has great camaraderie but eating in restaurants can be a lot of fun with the laughter and joking.

This could be an event to talk about for all the cold winter months and whet your appetite for a ride in the County next summer.

*By Bob Bruce*



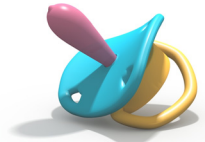
## **SWAP SHOP**



*Do you have something you want to buy, sell, or trade?*

*Send info to [myasertscycler@yahoo.com](mailto:myasertscycler@yahoo.com)  
OR [bobbiker@gwi.net](mailto:bobbiker@gwi.net)*

Welcome to our newest club member!



Earsa Bernadette Rathmell  
was born on 5/28, 8lbs 8oz,  
18 1/2 inches long to Turbo  
Joe & Bona Rathmell.

Congratulations to the proud parents and we'll hope to see her on a bike soon!

## **Treasurer's Report**

Beginning Balance	\$5438.97
Interest	2.86
Dues	105.00
Total	\$5546.83

### *Expenses*

Postage	42.00
Web fees	108.99
Supplies	50.00
Total	\$5345.84

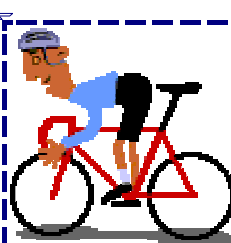
*A full financial report for 2007/2008 is available upon request.*



## **"Center Street Special"**

**10% off all parts & accessories**

Offered by Center Street Cycles located at 11  
Center Street in Brunswick ME 729-5309



## **Bath Cycle & Ski**

**Route 1 Woolwich**

10% discount on ALL bike parts & cross country ski equipment

**1-800- Bikeman**